



The Vine
June, July, August 2023
St. Helen's Anglican Church
1234 Prestone Drive, Orleans, Ontario K1E 3X6
E-mail address: office@sthelens.ca
Web site: sthelens.ca
Office: 613-824-2010

A Message from Rhonda Waters

A Time for Visioning and Planning

Even as we look forward to a restful summer season, we are preparing for September and the launch of an exciting parish visioning and planning process to help us respond to the many changes of the past years and discern where God is calling us to grow in the coming years. We are deeply fortunate to have Janet Marshall, the Director of Congregational Development for the Diocese of Toronto, guiding us through this work and we are grateful to the Diocese of Toronto for sharing her skill and her time with us! Janet brings a wealth of experience from around the Canadian church and throughout the Anglican Communion – we could not be in better hands!

Over the course of 4-6 months (or so), we will explore the context in which we minister, our own strengths, values, and dreams for our ministry, and lessons to be gained from the experiences of other parishes and groups. We will name our priorities and identify a *missional stretch* - a new, experimental ministry, rooted in our strengths, that will reach out to connect with people not currently attracted to the church. We will also put together an implementation plan for the first steps of whatever we discover will come next. Most importantly, we will grow closer to God, to one another, and to the world around us through prayerful listening and hope-filled planning.

Parish Council has called together a Steering Team to work with Rhonda and Janet. Thank you to Debbie Tweedle, Audrey Lawrence, Maruchi Wotogbe, Omofome Ikogho, Jean Lockett, and Terry Leversedge for agreeing to serve in this capacity. But make no mistake, there will be work for everyone else to do, too, and be sure to **save the date for the Parish Discovery Weekend – October 27-29.**

More details will come in the fall but it's never too early to be praying and dreaming and listening (*perhaps with the Parish Examen from the May 2023 Vine – hint, hint*). May God bless you this summer with rest and recreation... and a vision for St. Helen's!

Worship

June 4	First Sunday after Pentecost - 8:00 am & 10 am
June 11	Second Sunday after Pentecost - 8:00 am & 10 am
June 18	Third Sunday after Pentecost (Father's Day) - 8:00 am & 10 am
June 25	Fourth Sunday after Pentecost - 8:00 am & 10 am

July 2	Fifth Sunday after Pentecost - 8:00 am & 10 am
July 9	Sixth Sunday after Pentecost - 8:00 am & 10 am
July 16	Seventh Sunday after Pentecost - 8:00 am & 10 am
July 23	Eighth Sunday after Pentecost - 8:00 am & 10 am
July 30	Ninth Sunday after Pentecost - 8:00 am & 10 am
August 6	Transfiguration of the Lord - 8:00 am & 10 am
August 13	Eleventh Sunday after Pentecost - 8:00 am & 10 am
August 20	Twelfth Sunday after Pentecost - 8:00 am & 10 am
August 27	Thirteenth Sunday after Pentecost - 8:00 am & 10 am

Do you have musical skills? We are happy to report that Michael Darling, our wonderful choir accompanist, has agreed to play for us in July and August! In addition, anyone who wishes is welcome to sign up to offer a piece of music (an anthem, an instrumental, or a congregation song) during communion time. Music selections have to be approved by the clergy in advance: send us an email with your preferred date(s) and suggestions.

Tuesday Bible Studies

The Tuesday Bible Studies will be taking a break – but not necessarily the same break! Watch the weekly newsletter for details of the summer schedules.

Discipleship



Mapping the Ground We Stand On - In 2015, as part of its commitment to support the findings of the Truth and Reconciliation Commission, PWRDF developed the “education for reconciliation” resource “Mapping the Ground We Stand On”. This interactive workshop, also known as the Mapping Exercise, invites participants to explore Indigenous presence on the map of Turtle Island/Canada, the history of Settler arrival, and their

relationship to one another. It also offers an opportunity for learning and reflection on the concepts of *Terra Nullius* (empty land), the Doctrine of Discovery and Indigenous knowledge. As one of our actions in Truth and Reconciliation, St. Helen’s is hosting two sessions of PWRDF’s Mapping Exercise, on **Saturday, June 3** (9:00 am - 12:00 pm & 1:30 - 3:30 pm) facilitated by Audrey Lawrence and Karen Luyendyk. We are also honoured to welcome Inuk elder, Asenath Kannutaq, who will serve as a witness to the day and will light a quilliq. Asenath is a parishioner at St. Margaret’s Vanier. Sign-up sheet or on-line registration now available.

Daily Prayers *Day by Day* and *Our Daily Bread* devotionals are available in the office @ \$2 each

The Story at Home - You can also subscribe on-line to Rhonda's weekly Bible reflection e-newsletter.

Chair of Discipleship: Audrey Lawrence

Stewardship

Finances Please consider PAR (Pre-Authorized Remittance) as a tool to help you support your church financially. A call to the church office (613-824-2010) or an e-mail to finance@sthelens.ca will help you to set that up or increase your giving for 2023.

Other Options: Use Canada Helps button on our website. Setting up your Will or making changes to it? See our Legacy Giving pamphlet, or ask one of the clergy, how to support the Church which has

supported you! Read the Legacy Giving section of Stewardship on our website. Thank you if you have been able to be faithful in your financial donations, through PAR, Canada Helps or church envelopes.

St Mary the Virgin & St Helen's Outdoor Cleanups – A big “THANK YOU” to everyone who assisted with these cleanups!

Grass Cutting Volunteers Wanted - We are still looking for additional volunteers to help with keeping the grass cut and trimmed. Please email or speak to Allan Whetter (stewardship@sthelens.ca) to volunteer to help keep things neat and tidy.

Chair of Stewardship: Allan Whetter

Outreach

Outreach Collection

Thank you for your previous generous donations to the Food Bank. The Outreach Collection for the Food Bank for the month of June only will be “condiments” such as ketchup, mustard and relish. Muffins Made with Love will also continue for June. **Please note that no collections will be made during July and August.**

Chairs of Outreach: Lisee Kiar & Barb Porter

Community

St. Helen's Art Fair

Thanks to many dedicated volunteers on Thursday, Friday and Saturday, the Art Fair ended on a very successful note.



A special thanks to Brianna Glenn-Mangubat who managed the “sthelensartfair” website and set up the Meta Business link with the art fair Facebook and Instagram pages so that we could promote the artists to a wider audience than in previous years.

Fifteen local artists exhibited over 184 pieces of original and diverse original art and as a group sold \$4,610 worth of art, with \$3,688 being remitted to the artists. After all expenses, St. Helen's plans to

contribute about \$1,203 to the Diocesan homeless program (amount to be adjusted after GST rebate).

All of the artists were highly complementary about the Art Fair, and most indicated a desire to return and in fact, four visiting artists expressed an interest in participating in the Fair next year. Work will commence in November preparing promotional material and the invitations to local artists and for the 2024 Art Fair, which tentatively, will be held on June 1st.

Brian Glenn, Art Fair Coordinator
sthelensartfair@gmail.com
613-327-9384

Craft Group This session's last meeting will either be on Wednesday, June 7 with a luncheon to follow on June 14 (details TBC). The craft group will resume in the fall.

Mystic Britain Revisited Join us for a 12-week pilgrimage as we revisit our Mystic Britain program first run in 2016. Maintain your spiritual link with the parish as we all pursue our summer activities and participate in a physical challenge at the same time! How it works: Sign up to receive the weekly travelogues and to register how far you walk (via email). At the beginning of the week, a prayer prompt from Rhonda, John, or Kay will be emailed out. During the week, you record your steps and send them in at the end of the week when you will receive a newsletter about the history of the area we "visited" and learn some interesting facts about the Saints who lived there and its place in Church history. Earn virtual badges for the distances travelled. **You can sign up for the prayer prompt and newsletter emails even if you have no intentions of doing the walking!** We hope to launch the program with a walk around the neighbourhood after church on June 18th and will have another social gathering in September when it is over. **Sign up sheet available at the church. Also please see:** <https://sthelens.ca/newsite3/mystic-britain-a-virtual-pilgrimage/>

Please direct any questions to Catherine Cromey or Helen Giroux on Sundays.

Pastoral Care Ministries

Pastoral Care Team The Pastoral Care Team at St. Helen's provides a listening ear to those among us who are facing illness, loneliness, or any other situation. The Prayer Chain Team upholds members of our parish and the community in prayer in times of need. Both ministries are important parts of one of our primary missions as a church: to care for those around us. Rev. John has assumed these responsibilities on an interim basis. To request a visit from the Pastoral Care team, please send an email to pastoralcare@sthelens.ca. To request prayers by the Prayer Chain team, please send an email to prayerchain@sthelens.ca. Rev. John monitors both email boxes. Alternatively, you can always speak with either of our clergypersons: Rhonda or John.

Co-Chairs of Community: Kevin Piccott & Shelly Yerburgh

Summer Office Hours & Coming Events

Clergy summer schedule:

June 19-July 8-Rhonda is at the Doctoral Residential at Virginia Theological Seminary. This year, Rhonda's classes are *Building Evangelizing Communities; Moral and Ethical Leadership;* and *Dynamics of Change.*

July 14-Aug 4 – Rhonda on vacation

Aug 19-Sept 4 – John on vacation

Summer Office Hours – June 19-Sept 4: You can count on the doors being open, the phones being answered, and office emails being handled from **10am-1pm on Mondays, Wednesdays, and Thursdays**. You might get lucky and find someone on site at other times, too and you can always make an appointment with the clergy.

Parking Lot Heads Up – Please note that “Pedalheads”, a cycling school for children, will be renting the St. Helen's Parking Lot, Monday-Fridays, 8-5, June 26-Sept 1. We will still have access to the handicap parking spaces and the spaces nearest the driveway. **On June 10th**, Pedalheads staff will also be using the parking lot for a training day.

FALL Events

- Sept 10, 2pm - Memorial Service, St. Mary the Virgin Cemetery
- Sept 16, time TBD - Blessing of the Animals
- Sept 22-24 - MAP Steering Group and Parish Orientation
- Oct 1 - Orange Shirt Sunday
- Oct 19-21 - Diocesan Synod
- Oct 27-29 - MAP Congregational Workshops
- Dec. 10 - Episcopal Visit