



**The Vine**  
**June, July, August 2022**  
**St. Helen's Anglican Church**  
**1234 Prestone Drive, Orleans, Ontario K1E 3X6**  
**E-mail address: [office@sthelens.ca](mailto:office@sthelens.ca)**  
**Web site: [sthelens.ca](http://sthelens.ca)**  
**Office: 613-824-2010**

### **A Message from the Rev. Kay Richardson**

As I write, we are post storm and recovering, which may take some time. The cleanup is ongoing. Brian and I experienced the aftermath of Hurricane "Irma" with our home in Naples, Florida, so we are familiar with such damage (we were lucky, ours was minimal, both times). As we move forward, we are looking forward to some summer weather and our summer activities. We begin June with a bang: the celebration of Pentecost on June 5<sup>th</sup>, followed, at long last, by our final farewell to Susan and Peter that afternoon. Then we will enjoy our final month of music for this season. All of this is already planned. Thank you, Derek and Emily, for the music that we have been enjoying since we began our in person services again. Well done!

June is the month that we finally get our gardens back into shape. There is constant mowing of the lawn at this time of year, and we still have some bedding plants to put in, and maybe some tomatoes. In our case, we don't put in vegetables any more, and our gardens are smaller, but we enjoy what we do have. At Church, the quiet garden is blooming, and the church grounds are greening up. June is a time of loveliness outside. It's a joy to walk and to be able to sit outside in the sunshine or shade, and to visit with friends. Now is the time to BBQ. Now is the time for many to open up their cottages and begin a summer routine. May we enjoy the gifts that God is giving us as we approach midsummer's day this June, and beyond.

### **A Message from the Wardens**

As we continue to navigate the global pandemic and its consequences on our daily lives, We would like to update you on our upcoming summer plans concerning ongoing public health measures. As you have, no doubt, observed for yourself, there are many conflicting and confusing messages about what we should be doing now concerning COVID-19 and how to "just live with it."

The purpose of the existing public health measures at St Helen's is to ensure that you have a safe place to worship. These measures have included: closing entirely during the worst of the "waves" of COVID-19, pre-registering for and confirming your attendance at services for contact tracing purposes, requiring those who physically attend services to be fully vaccinated, wearing masks inside the church and recording (and, now, live streaming) services for those who cannot participate in or are not yet comfortable attending in-person. We have not had an outbreak amongst our parishioners due to their attendance at services or other activities, demonstrating the value of our approach. When we had the potential of exposure to COVID-19, our preparation allowed us to quickly and easily contact everyone who had been in attendance. And we were able to communicate the facts clearly, the (consequentially, low) risks to parishioners and straightforward recommendations to help our church family stay healthy.

As the year passes into summer, we hope for a reprieve from COVID-19, and current trends in Ottawa are promising. This approach should allow us to progress safely to the Diocese Green Phase of the COVID-19 Mitigation Plan. However, as we have seen before, no city is an island in our connected world, so rising cases in the United States and elsewhere will continue to provide context for our planning. We follow the rules and guidelines provided by the province, Ottawa Public Health and the Diocese of Ottawa and consider our very local situation. Therefore, I can confidently say that masking when indoors will continue for the foreseeable future. Masking is the least intrusive of any public health measures that we can implement. As Theresa Tam, Chief Public Health Officer of Canada, says, masks are a fundamental layer of protection against COVID-19.

As the incidence of COVID-19 in the community wanes, we plan to discontinue pre-registration for services. Replacement of Pre-registration by the option for parishioners to join an email list intended to warn participants of a St Helen's event in the case where someone at the event determines they were COVID-19 positive. We will give a couple of weeks' notice of this when the time is right. We will continue to screen parishioners as they arrive, and then we will phase that out if COVID-19 numbers remain low. When we no longer screen people attending services, we will also stop requiring that all who attend services in person be vaccinated. Instead, based on best practices we have seen, we will ask that those not vaccinated against COVID-19 use a freely available rapid test to ensure that they are free of the virus before attending an in-person service or activity at St.Helen's.

I have not mentioned any specific dates because the future is unknowable, as we have seen many times with promises about public health measures over the past two years. We will proceed logically and carefully, as we have been, and communicate at services, online, in The Vine and using new tools such as an email distribution list that we will soon have available from the website.

If you have any questions about the response to COVID-19 at St Helen's, do not hesitate to contact the office to get those questions to your wardens.

Jeff McRae & Peter Humphries.

### ***Worship***

**June 5** Pentecost - 8:00 am & 10 am – (in person) registration required. If attending, please wear “red” clothes!

**June 12** Trinity Sunday - 8:00 am & 10 am – (in person) registration required

**June 19** Second Sunday after Pentecost (Father's Day)

**June 26** Third Sunday after Pentecost - 8:00 am & 10 am

**July 3** Fourth Sunday after Pentecost - 8:00 am & 10 am

**July 10** Fifth Sunday after Pentecost - 8:00 am & 10 am

**July 17** Sixth Sunday after Pentecost - 8:00 am & 10 am

**July 24** Seventh Sunday after Pentecost - 8:00 am & 10 am

**July 31** Eighth Sunday after Pentecost - 8:00 am & 10 am

**August 7** Ninth Sunday after Pentecost - 8:00 am & 10 am

**August 14** Tenth Sunday after Pentecost - 8:00 am & 10 am

**August 21** Eleventh Sunday after Pentecost - 8:00 am & 10 am

**August 28** Twelfth Sunday after Pentecost - 8:00 am & 10 am

**Note: Proof of double vaccination and photo ID** (or medical exemption) for now are still required to Sunday services. Please pre-register for all worship services at [sthelens.ca](http://sthelens.ca) or by telephone, at 613-824-2020.

## ***Discipleship***

**The Branches Youth Ministry** Leaders: Eric Jones and Berthorie Beauvoir with mentor, Kathy Pearce

**Parish Library** Our Parish Library is available for your use on the honour system. The annual **Novel / Jigsaw Exchange** is also offered for your summer enjoyment. Location: Grace Room.

**Daily Prayers** *Day by Day* and *Our Daily Bread* devotionals are available in the office @ \$2 each

Chair of Discipleship: Jeff McRae

## ***Stewardship***

**Finances** Please consider PAR(Pre-Authorized Remittance) as a tool to help you support your church financially. A call to the church office (613-824-2010) or an e-mail to [office@sthelens.ca](mailto:office@sthelens.ca) will help you to set that up or increase your giving for 2022.

**Other Options:** Use Canada Helps button on our website. Setting up your Will or making changes to it? See our Legacy Giving pamphlet, or ask one of the clergy, how to support the Church which has supported you! Read the Legacy Giving section of Stewardship on our website. Thank you if you have been able to be faithful in your financial donations, through PAR, Canada Helps or church envelopes. 2022 church envelopes may still be picked up at the church.

**St Helen's Outdoor Cleanup** Thank you to everyone who assisted!

**Grass Cutting Volunteers Wanted** We are still looking for additional volunteers to help with keeping the grass cut and trimmed. Please email or speak to Colin Taylor ([colinangelataylor@gmail.com](mailto:colinangelataylor@gmail.com)) to volunteer to help keep St. Helen's looking lean and green.

Chair of Stewardship: Colin Taylor

## ***Outreach***

### **Outreach Collection**

Thank you for your previous generous donations to the Food Bank. The Outreach Collection for the Food Bank for the month of June only will be "condiments". Muffins Made with Love will also continue for June. **No collections will be made during July and August.**

Chairs of Outreach: Carol Danson & Sharon Tremaine

## ***Community***

**Retirement Party for Susan+ & Peter+** - There will be a retirement party for Susan+ and Peter+ on Sunday, June 5 (Pentecost Sunday) from 2 – 5 pm. .

### **St. Helen's Art Fair**

The Art Fair was held on Saturday, May 28, so results will be published in September's VINE.

I can say, however, that the Fair attracted 16 local artists, a number of whom create art on a professional basis where their art is displayed in prominent galleries and competitions around Ottawa. As a group, over 140 pieces of original art were registered for the Fair generating over \$800 in entry fees. These fees more than adequately covered the costs of implementing the Fair.

This year's event this year required significant more administrative work than last year's virtual Fair and a lot of that effort can be attributed to Brianna Glenn-Mangubat for her dedicated efforts to maintain the ever-changing website content. As an in-person affair, a good number of volunteers were needed to ensure the Fair ran smoothly. They were needed to transport the display grids from and to Kanata, setup Trinity Hall with 15 kiosks, to assist the artists setting up on Friday and providing general assistance to the artists and visiting public during the Fair. A very generous **Thank You** to all twenty-one volunteers.

Brian Glenn, Art Fair Coordinator  
[sthelensartfair@gmail.com](mailto:sthelensartfair@gmail.com)  
613-327-9384

**Craft Group** Last meeting on Wednesday, June 1 with a luncheon on Wednesday, June 8 at Lexes Resto Bar. The craft group will resume in the fall.

### **Pastoral Care Ministries**

**Pastoral Care Team** The work of the Team continues, primarily through telephone calls, emails and "snail mail". Thanks to John Leech for hosting our monthly zoom meetings. The **Prayer Chain** is prepared to offer intercessions on behalf of others for God's blessing upon any number of concerns, needs or issues. Please e-mail Maggie Lorimer, for pastoral care or prayer support, [mlorimer@rogers.com](mailto:mlorimer@rogers.com)

Chair of Community: Lorna Ponting

**New e-mail address, [office@sthelens.ca](mailto:office@sthelens.ca)** Please note that our old email address has now been phased out.

**Shape of Parish Ministry** The Diocesan-wide consultation, planned for 3 stages (April 2021-October 2022) is exploring the shape of parish ministry now and in the future. St. Helen's 'team' includes the clergy, Jeff McRae, Peter Humphries, Felicia Kwamena and Kathy Pearce.