



The Vine
May 2022
St. Helen's Anglican Church
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A Message from the Rev. Kay Richardson

It's May!

There is a saying, "April showers bring May Flowers." But, it seems more like being stuck in March until now. For nearly all of April we have had rain, along with snow, sleet, and the occasional sunshine. However, there are signs that things are beginning to warm up at last. Just the other day, as I was walking after some rain had fallen, there were some buds coming out on some trees and there some flowers beginning to come, and the grass was mostly green. The air smelled lovely, like it often does after a rain. Now, wouldn't it be grand to have a few days of sunshine in a row! Then we would indeed see some May flowers.

May is a time to begin to look at our gardens and to prepare the beds for planting. With spring arriving at last, we are being invited to walk once again in our quiet garden, and to spend some time looking at what is in our own gardens, deciding just what we want to do differently this year. So, too, it is a good time to decide what we need to do differently in the garden of our own lives right now. It is time to cultivate what has been neglected in the past two years. Although we are still emerging from a long pandemic, and it is still in our midst, there are signs that we are now able to begin to pick up the pieces of what we were planning before the pandemic began. What does it mean to pick up from where we left off? First of all, we have to remember what we wanted to do that we have had to set aside. Then, we have to decide whether we still want to do those things, or to go in new directions. Just as our gardens need sunshine and rain, so, too we need to take time to bask in the sunshine, and let the rainy days give us a rest. In May we have much coming that will bring joy: we have Mother's Day and Victoria Day. Now that it is May, it is great to say, "Spring is here at last!"

Worship

May 1 - Third Sunday of Easter 8:00 am & 10 am – (in person) registration required

May 8 - Fourth Sunday of Easter (Mother's Day) -8:00 am & 10 am – (in person) registration required

May 15 - Fifth Sunday of Easter - 8:00 am & 10 am – (in person) registration required

May 22 - Sixth Sunday of Easter - 8:00 am & 10 am – (in person) registration required

May 29 - Ascension Sunday - 8:00 am & 10 am – (in person) registration required

Note: Proof of double vaccination and photo ID (or medical exemption) are still required to Sunday services. Please pre-register for all worship services at sthelens.ca or by telephone, at 613-824-2020.

Ministry Opportunity: AV Technical Assistance

Volunteers are needed to assist with technical aspects of worship and wider ministry, including the following:

Operator of remote control of PowerPoint presentation (slides) during worship services. Required to arrive 15-30 minutes before the service begins to review the slide package that has been prepared for the service. Ideally, we would like to have a volunteer that could commit to doing this on a monthly basis. We are still looking for additional volunteers for this role.

Please contact Derek Reid for more information.

Discipleship

The Branches Youth Ministry Leaders: Eric Jones and Berthorie Beauvoir with mentor, Kathy Pearce

Chair of Discipleship: Jeff McRae

Stewardship

Volunteers Needed With Spring here and summer around the corner, St. Helen's is looking for volunteers to once again help keep our grounds looking groomed. Ideally working in teams of 2, this would be a commitment of a few hours, approximately once a month, using our garden tractor, push mower, and battery-powered weed whackers. Please contact Colin Taylor at 613-791-2948 or colinangelataylor@gmail.com, and I will be certain to get you all the training you need. A tentative date of **May 7**, 8:00 am (with a rain date of 8 May 1:00 pm) has been set for doing a yard cleanup and set to work of the outdoor power tools.

Finances Please consider PAR(Pre-Authorized Remittance) as a tool to help you support your church financially. A call to the church office (613-824-2010) or an e-mail to office@sthelens.ca will help you to set that up or increase your giving for 2022.

Other Options: Use Canada Helps button on our website. Setting up your Will or making changes to it? See our Legacy Giving pamphlet, or ask one of the clergy, how to support the Church which has supported you! Read the Legacy Giving section of Stewardship on our website. Thank you if you have been able to be faithful in your financial donations, through PAR, Canada Helps or church envelopes. 2022 church envelopes may be picked up at the church.

Chair of Stewardship: Colin Taylor

Outreach

Outreach Collection: Thank you for your generous donations to the Food Bank. May's Outreach collection is canned salmon. "Muffins Made With Love" has resumed so please put your outreach contributions for this in the freezer.

Chairs of Outreach: Carol Danson & Sharon Tremaine

Community

St. Helen's Art Fair

For Your Calendars: May 28, 2022

An invitation to participate in the 2022 fine Art Fair was emailed to 50 local artists on December 2nd. By the end of day, six, who has participated in the 2021 virtual Fair, had responded positively with three submitting some initial pieces of art. You can follow the Art Fair's progress on www.facebook.com/sthelensartfair and view all of the art on our website www.sthelensartfair.ca. The website includes instructions and an online form for artists to submit their works.

Volunteers for a number of shifts will be needed this year to help manage the Fair under whatever COVID restrictions are in place at the end of May. If you might be interested in assisting in any of the following areas, please contact me at the email address below or call me.

- Setup Thursday May 26* (times tbc);
- Artists' setup Friday May 27; (1pm -3:pm or 7pm - 9pm)
- Greeting & COVID screening Friday, May 27 (1pm -3:pm or 7pm - 9pm) & Saturday May 28 (10am-3pm)
- General assistance Saturday, May 28 (10am-3pm)
- Payment Desk (experience with POS terminal) Friday (1pm -3:pm or 7pm - 9pm) and/or Saturday (10am-3pm);
- Takedown Saturday May 28 (after 3pm) *

*A truck or van will be needed to transport a number of metal hanging grids (details of size and number to be determined)

Brian Glenn, Art Fair Coordinator
sthelensartfair@gmail.com
613-327-9384

Retirement Party for Susan+ & Peter+ - There will be a retirement party for Susan+ and Peter+ on Sunday, June 5 (Pentecost Sunday) from 2 – 5 pm. A sign-up sheet is now available.

Pastoral Care Ministries

Pastoral Care Team The work of the Team continues, primarily through telephone calls, emails and "snail mail". Thanks to John Leech for hosting our monthly zoom meetings. The **Prayer Chain** is prepared to offer intercessions on behalf of others for God's blessing upon any number of concerns, needs or issues. Please e-mail Maggie Lorimer, for pastoral care or prayer support, mlorimer@rogers.com

Chair of Community: Lorna Ponting

Governance

New e-mail address, office@sthelens.ca Please note that our old email address has now been phased out.

Diocese

Shape of Parish Ministry The Diocesan-wide consultation, planned for 3 stages (April 2021-October 2022) is exploring the shape of parish ministry now and in the future. St. Helen's 'team' includes the clergy, Jeff McRae, Peter Humphries, Felicia Kwamena and Kathy Pearce.

In the Diocese... 125th Anniversary Lecture Series For more information see the Diocesan website.

Bishop's Silent Auction – The Bishop's Gala Silent Auction opened on April 22 at 5:00 pm. The auction closes May 8th, 7:00 pm.