



**The Vine**  
**March 2022**  
**St. Helen's Anglican Church**  
**1234 Prestone Drive, Orleans, Ontario K1E 3X6**  
**New e-mail address: office@sthelens.ca**  
**Web site: sthelens.ca**  
**Office: 613-824-2010**

### **Message from the Rev. Kay Richardson**

#### **Now we are in March**

March is a month of changes. We will be moving from winter to spring, with blizzards and warm spells, and we can hope that all the snow will melt along the way. Sometimes March brings in the mud season. I remember one year things got really muddy when our children were in school. Andrew, who was eight at the time, came home with two left boots of different sizes. It seems there was a mix-up in the mud room at school. The teacher ended up driving home the child who was left with boots that were too small. As you can see, March can be a month of surprises and challenges.

March is also a month that is primarily in the Season of Lent. Lent is a time of reflection for us that occurs between the Season of Epiphany and the Season of Easter. It is a time to bring us back to the basics of our faith as we reflect on where we are in our spiritual journey, both as individuals and as a Christian community. It can also be a time of noticing for us. That is, noticing what is all around us in the world: the birds, the sky, the snow, the melting, and also within our thoughts and feelings, and prayers. It can be a time of savouring where we are in the moment; a time to spend time noticing how God is present with us right now. The Season of Lent also gives us a chance to look forward to the newness that we know is coming with Easter.

We are invited to let ourselves be open to what God is going to do next in our lives. Yes, Easter is coming, and beyond that we will find newness of life and new possibilities that we never observed in the past. Therefore, may we make a good Lent now, and let us be prepared to meet the future with hope.



**Thank you to everyone who submitted a report for the Annual Report and to everyone who helped to coordinate and participated in Vestry.**

#### ***Worship: The Season of Lent***

**March 2** Ash Wednesday: 7:30 pm – (in person) registration required

**March 6** Lent 1 Sunday: 8:00 am & 10 pm – (in person) registration required

**March 13** Lent 2 Sunday: 8:00 am & 10 pm – (in person) registration required

**March 20** Lent 3 Sunday: 8:00 am & 10 pm – (in person) registration required

**March 27** Lent 4 Sunday: 8:00 am & 10 pm – (in person) registration required

**Note: Until further notice - Proof of double vaccination and photo ID** (or medical exemption) will be required to enter the church for all reasons. Please pre-register for all worship services at [sthelens.ca](http://sthelens.ca) or by telephone, 613-824-2010

**Memorial Flowers for Easter:** Easter is April 17, 2022 If you would like to give flowers in memorial to grace our church during Eastertide, please fill out a form with the names of loved ones and make your donation to "St. Helen's Anglican Church" noting that it is a donation for Easter flowers (no later than April 10).

**Early Morning Prayers** For all you early risers! Visit our website to access the Early Morning Prayers video and start your day in mindful contemplation that you are in the presence of the Holy One, your Companion and Guide, whatever the day may bring. End the day with the **Compline Service**, also on our website.

### **Ministry Opportunity: AV Technical Assistance**

Volunteers are needed to assist with technical aspects of worship and wider ministry, including the following:

1. Operator of remote control of PowerPoint presentation (slides) during worship services. Required to arrive 15-30 minutes before the service begins to review the slide package that has been prepared for the service. Ideally, we would like to have a volunteer that could commit to doing this on a monthly basis. We are looking for 3 to 5 volunteers for this role.
2. Audio control during services. Looking for someone with a good ear for music that is willing to learn about all aspects of our sound system, able to attend Emmaus rehearsals in preparation for the coming Sunday service and then to balance, mix and adjust sound levels as required during the service.
3. Audio and video control of live stream of service. Require someone that is able to learn about our setup for live streaming; including the operation of our camera(s), audio sources and computers and then to control audio and video and live stream software during a service.

Please contact Derek Reid for more information.

### ***Discipleship***

**The Branches Youth Ministry** Leaders: Eric Jones and Berthorie Beauvoir with mentor, Kathy Pearce

**Quiet Garden Winter Devotional** On our website.

Chair of Discipleship: Jeff McRae

### ***Stewardship***

**Finances** Please consider PAR(Pre-Authorized Remittance) as a tool to help you support your church financially. A call to the church office (613-824-2010) or an e-mail to [office@sthelens.ca](mailto:office@sthelens.ca) will help you to set that up or increase your giving for 2022.

**Other Options:** Use Canada Helps button on our website. Setting up your Will or making changes to it? See our Legacy Giving pamphlet, or ask one of the clergy, how to support the Church which has supported you! Read the Legacy Giving section of Stewardship on our website. Thank you if you

have been able to be faithful in your financial donations, through PAR, Canada Helps or church envelopes.

Chair of Stewardship: Colin Taylor

### ***Outreach***

**Outreach Collection: January, February, March:** Given the rising price of food, it is still the intention to make our collections (vegetable oil) for the month of March for the food bank. Collection bins are at the servery door at the back of the church and in the Grace Room. **Please note “Muffins made with Love” are also now again being accepted by the church.**

Chairs of Outreach: Carol Danson & Sharon Tremaine

### ***Community***

#### **St. Helen’s Art Fair**

#### **For Your Calendars: May 28, 2022**

An invitation to participate in the 2022 fine Art Fair was emailed to 50 local artists on December 2<sup>nd</sup>. By the end of day, six, who has participated in the 2021 virtual Fair, had responded positively with three submitting some initial pieces of art. You can follow the Art Fair’s progress on [www.facebook.com/sthelensartfair](https://www.facebook.com/sthelensartfair) and view all of the art on our website [www.sthelensartfair.ca](http://www.sthelensartfair.ca). The website includes instructions and an online form for artists to submit their works.

Volunteers for a number of shifts will be needed this year to help manage the Fair under whatever COVID restrictions are in place at the end of May. If you might be interested in assisting in any of the following areas, please contact me at the email address below or call me.

- Setup Thursday May 26\* (times tbc);
- Artists’ setup Friday May 27; (1pm -3:pm or 7pm - 9pm)
- Greeting & COVID screening Friday, May 27 (1pm -3:pm or 7pm - 9pm) & Saturday May 28 (10am-3pm)
- General assistance Saturday, May 28 (10am-3pm)
- Payment Desk (experience with POS terminal) Friday (1pm -3:pm or 7pm - 9pm) and/or Saturday (10am-3pm);
- Takedown Saturday May 28 (after 3pm) \*

\*A truck or van will be needed to transport a number of metal hanging grids (details of size and number to be determined)

Brian Glenn, Art Fair Coordinator  
[sthelensartfair@gmail.com](mailto:sthelensartfair@gmail.com)  
613-327-9384

### **Pastoral Care Ministries**

**Pastoral Care Team** The work of the Team continues, primarily through telephone calls, emails and “snail mail”. Thanks to John Leech for hosting our monthly zoom meetings. The **Prayer Chain** is prepared to offer intercessions on behalf of others for God’s blessing upon any number of concerns,

needs or issues. Please e-mail Maggie Lorimer, for pastoral care or prayer support, [mlorimer@rogers.com](mailto:mlorimer@rogers.com)

Chair of Community: Lorna Ponting

**Governance New e-mail address, [office@sthelens.ca](mailto:office@sthelens.ca)** Our old address has now been phased out.

**Shape of Parish Ministry** The Diocesan-wide consultation, planned for 3 stages (April 2021-October 2022) is exploring the shape of parish ministry now and in the future. St. Helen's 'team' includes the clergy, Jeff McRae, Peter Humphries, Felicia Kwamena and Kathy Pearce.

**In the Diocese... 125<sup>th</sup> Anniversary Lecture Series** For more information see the Diocesan website.

## St Helen's Annual Vestry

February 27, 2022 Elections, Appointments and Affirmations

### Elected:

- **People's Warden – Jeff McRae**
- **Rector's Warden – Peter Humphries**
- **Synod Members (1<sup>st</sup> year of 2) – Kathy Pearce, Peter Humphries**
- **Alternate Lay Member of Synod (1 year) – Audrey Lawrence**

### Affirmed:

- **Lay Member (2<sup>nd</sup> year) Synod (Council) – Felicia Kwamena**

*The following appointments were made, reflecting the Pillars of Ministries format of our Strategic Plan:*

*Appointment by Canon: **Postponed (Incumbent)**, Chair of Worship and Member of Council*

*Appointment (Interim): Jeff McRae, Chair of Discipleship and Member of Council*

*Appointment: Colin Taylor, Chair of Stewardship and Member of Council*

*Appointment: Carol Danson, Co-Chair of Outreach and Member of Council*

*Appointment: Sharon Tremaine, Co-Chair of Outreach and Member of Council*

*Appointment: Lorna Ponting, Chair of Community and Member of Council*

*Appointment: Kim Jones, Treasurer and Member of Council (**by Wardens**) Financial Ministry*

*Appointment: Christopher Porter, Vestry Clerk for Parish Council*

### *Affirmation of the following Ministries:*

*Affirmation: Postponed, Associate Incumbent*

*Affirmation: Debbie Tweedle, Chair of Altar Guild*

*Affirmation: Ian Kelly, Web Site*

*Affirmation: Terry Leversedge, Administrative Assistant*

*Affirmation: Derek Reid, A/V Technology*

*Affirmation: Maggie Lorimer, Pastoral Care Team and Prayer Chain Co-ordinator*

### *Affirmation of Other Leadership Ministries:*

- Emily Adams, Choir Director;
- Derek Reid, Contemporary Music Director;
- Eileen Leversedge, Children's Ministry;
- The leaders of The Branches, Berthorie Beauvoir, Eric Jones and mentor Kathy Pearce;
- John Leech, Quiet Garden Co-ordinator;
- Brian Glenn, Art Fair Co-ordinator;
- Our Financial Ministries team, all who care for our property, all other group leaders and all engaged in ministry within this parish, the Diocese and beyond.

BDO was also again appointed as the accountants for the coming year.